



WHAT TO DO IF YOUR CHILD HAS COVID-19 SYMPTOMS



If your child has one or more (new or worsening) [symptoms of COVID-19](#), they should stay at home, [self-isolate](#), and get tested.

Call your child's school to let them know that your child has COVID-19 symptoms.

HOUSEHOLD MEMBERS



The siblings or children in the same household as the child with symptoms will also need to stay home and self-isolate. All the adult members in the household should self-monitor for symptoms. They may go to work if they do not have symptoms. If any adult develops symptoms they must stay home, self-isolate and get tested. If the child with symptoms was a close contact of someone with COVID-19, everyone in the home needs to stay home and self-isolate for 14 days.



GET TESTED

Contact your child's health care provider if you have questions about testing. Make an appointment at an [Assessment Centre](#) near you to get tested. Children can get a throat or nose swab. [Saliva tests](#) are also available.

Drive your child to the assessment centre if you can. Do not use public transit. Ask for a ride, or use taxi or ride share. Wear a mask, sit in the back seat, and keep the windows open.



CHECK YOUR CHILD'S TEST RESULTS

You can check your test results at covid-19.ontario.ca by clicking on "check your lab results." Results can take a few days.

If your child TESTS NEGATIVE for COVID-19:

- Your child may return to school if it has been 24 hours since their symptoms started improving.
- Siblings may return to school right away.
- Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school if they don't have other symptoms.

If your child TESTS POSITIVE for COVID-19:

- Your child must stay home and self-isolate for 10 days from the day the symptoms started.
- Household members and close contacts must also self-isolate for 14 days.
- Let your school know that your child tested positive for COVID-19.
- Toronto Public Health will contact you to do an investigation and with further instructions.

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WHAT TO DO IF YOUR CHILD HAS COVID-19 SYMPTOMS



NOT TESTED

If your child did not have a COVID-19 test, they must stay home and self-isolate for 10 days starting from the day the symptoms began. Even if their symptoms improve, they need to stay home for 10 days.

If your child was a close contact of a positive case, all the children in the same household have to stay home and self-isolate for 14 days. If the child was not a close contact of a positive case, the siblings must stay home and self-isolate for 10 days. All adults in the home need to self-monitor for symptoms, but may go to work if they do not have symptoms.



SICK FOR OTHER REASONS

Sometimes children are sick for other reasons. If your health care provider has said your child's symptoms are not related to Covid-19, your child may return to school 24 hours after their symptoms have improved. For colds or respiratory symptoms, your healthcare provider cannot rule out COVID-19 without a test. Toronto Public Health does not recommend using a medical note to confirm this.



HAVE QUESTIONS?

Please contact Toronto Public Health at 416-338-7600.